

Oral Nutritional Supplements

RECOMMENDED ORDER SET

BMI

WOUND CARE PATIENT

PATIENT WITH DIABETES

PATIENT ON DIALYSIS

≥25



Drink one high protein shake daily in addition to meals or as a snack replacement.

20g+ protein
 <200 calories



Drink one diabetes-specific shake daily in addition to meals or as a small meal or snack replacement.

20g+ protein
 <200 calories



Drink one-two renal-specific (dialysis) shakes daily as a meal or snack replacement.

15g+ protein
 <400 calories

≤20



Drink two calorically dense, high protein shakes daily in addition to meals and snacks.

20g+ protein
 >250 calories



Drink two diabetes-specific shakes daily in addition to meals and snacks.

15g+ protein
 >150 calories



Drink one-two renal-specific (dialysis) shakes daily in addition to meals and snacks.

15g+ protein
 <400 calories

20–25



Drink one-two calorically dense, high protein shakes daily in addition to meals and snacks. Choose a disease-specific formula as recommended by your provider.

15g+ protein
 >150 calories

Patients who score “At Risk” on the Nutrition Assessment

Advise patient to optimize their diet and add a disease-specific nutritional supplement fortified with **arginine**, **glutamine**, and **HMB** one-two times daily.

For more information, call: