

Individual, Couples, and Family Counseling

If you need help coping
with any of life's problems,
therapy can help.

Kearney County Health
Services can provide
confidential and
professional counseling to
individuals, families, and
couples whose personal
problems have become
difficult to manage alone.



*Contact Amanda
Warburton,
KCHS Counselor and
Social Worker,
at 308-832-3400
ext. 2505 for more
information or to
schedule an
appointment.*



Kearney County Health Services

727 East 1st Street
Minden, NE 68959
308-832-3400
www.kchs.org

Kearney County
Health Services



**Individual,
Couples,
and
Family
Counseling**

Counseling Services at KCHS

What kinds of issues can be addressed in counseling?

You can turn to counseling for help with many personal issues including but not limited to:

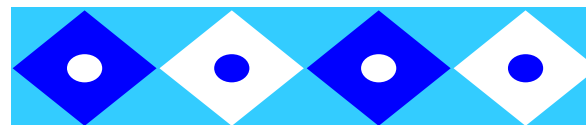
- Marriage and family concerns
- Child behavior and parenting concerns
- Domestic violence
- Anger management
- Depression or anxiety
- Unresolved grief
- Sexuality issues
- Stress related disorders
- Communication skills
- Co-worker interpersonal relationship issues
- Geriatric issues
- Chemical dependency
- Compulsive gambling
- Financial Stress
- Medical issues

How is confidentiality ensured?

Any contact with the counselor is treated confidentially. No information about your participation in therapy will be accessible by anyone besides your counselor. Furthermore, no information in your records will be disclosed to anyone without your voluntary written permission.

Conversations between client and counselor are confidential as governed by the laws of the state of Nebraska. The following are exceptions to confidentiality:

- If a client threatens to harm themselves or another person.
- If a client reports the abuse of a child.
- If a client reports the abuse of an elderly person.
- If a client is deemed to have a disease known to be both communicable and fatal, a counselor is justified in disclosing information to person(s) who, by their relationship with the client, may be at high risk of contracting the disease.
- If legal action is taken against the client, the client's counseling records may be subpoenaed by a state or federal court of the law.



What are the payment options?

Kearney County Health Services accepts most major health insurances. It is the clients' responsibility to know if their insurance covers counseling services. If the client's insurance does not cover counseling services, the client will be financially responsible. KCHS has a financial assistance program for those who qualify.

What are the counselor's qualifications?

Counselor: Amanda Warburton

- Licensed Mental Health Practitioner (LMHP)
License Number: 4723
- Certified Professional Counselor
Certification Number: 2278
- Nationally Certified Counselor (NCC)
Certification Number: 276837
- Certified Social Worker (CSW)
Certification Number: 2244