

# Individual, Couples, and Family Counseling

If you need help coping with any of life's problems, therapy can help.

Kearney County Health Services can provide confidential and professional counseling to individuals, families, and couples whose personal problems have become difficult to manage alone.



*For more information or to schedule  
an appointment contact*

**Amanda Warburton,**  
*LMHP, CPC, CSW*

*Director of Social Services & Counseling  
at 308-832-3400 ext. 2505*

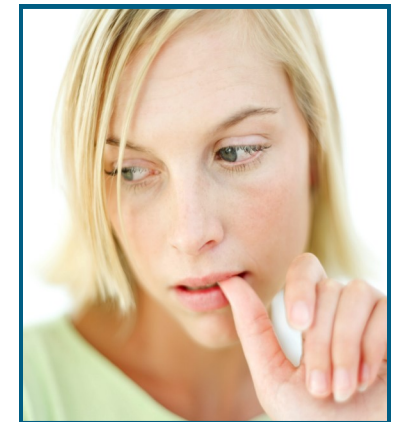


**KEARNEY COUNTY  
HEALTH SERVICES**

727 East 1st Street  
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[www.kchs.org](http://www.kchs.org)



**KEARNEY COUNTY  
HEALTH SERVICES**



**Individual  
Couples  
&  
Family  
Counseling**

# Counseling Services at KCHS

## What kinds of issues can be addressed in counseling?

You can turn to counseling for help with many personal issues including but not limited to:

- Marriage and family concerns
- Child behavior and parenting concerns
- Domestic violence
- Anger management
- Depression or anxiety
- Unresolved grief
- Sexuality issues
- Stress related disorders
- Communication skills
- Co-worker interpersonal relationship issues
- Geriatric issues
- Chemical dependency
- Compulsive gambling
- Financial Stress
- Medical issues

## How is confidentiality ensured?

Any contact with the counselor is treated confidentially. No information about your participation in therapy will be accessible by anyone besides your counselor. Furthermore, no information in your records will be disclosed to anyone without your voluntary written permission.

Conversations between client and counselor are confidential as governed by the laws of the state of Nebraska. The following are exceptions to confidentiality:

- If a client threatens to harm themselves or another person.
- If a client reports the abuse of a child.
- If a client reports the abuse of an elderly person.
- If a client is deemed to have a disease known to be both communicable and fatal, a counselor is justified in disclosing information to person(s) who, by their relationship with the client, may be at high risk of contracting the disease.
- If legal action is taken against the client, the client's counseling records may be subpoenaed by a state or federal court of the law.



## What are the payment options?

Kearney County Health Services accepts most major health insurances. It is the clients' responsibility to know if their insurance covers counseling services. If the client's insurance does not cover counseling services, the client will be financially responsible. KCHS has a financial assistance program for those who qualify.

## What are the counselor's qualifications?

Counselor: Amanda Warburton

- Licensed Mental Health Practitioner (LMHP)  
License Number: 4723
- Certified Professional Counselor  
Certification Number: 2278
- Nationally Certified Counselor (NCC) Certification Number: 276837
- Certified Social Worker (CSW)  
Certification Number: 2244