

## Kearney County Health Services Celebrated Their 50<sup>th</sup> Total Knee Arthroplasty



On February 16, 2023, the team at Kearney County Health Services (KCHS) celebrated their 50<sup>th</sup> total knee replacement. The group pictured is just a sampling of the great teamwork that is in place at KCHS to make every surgery a success. We are proud to be able to offer great orthopedic care to patients in the community and surrounding areas.

Jeffrey Schopp, MD is an orthopedic surgeon with InReach, who specializes in Total



Joint Arthroplasty, Sports Medicine, Overuse Syndromes, Nerve Entrapments and Arthritis. Dr. Schopp received his education at Southern Illinois University where he was part of the Southern Illinois University Orthopedic Surgery Residency Program and Doctorate and Orthopedic Surgery Residency. Since starting at KCHS in 2017, he has performed carpal tunnel releases, ulnar nerve decompressions, total knee arthroplasties, knee arthroscopies, shoulder arthroscopies, ganglion cyst excision, and a thumb arthroplasty.

Recently for total knees, KCHS has begun offering Iovera treatment to aid with post-operative pain after surgery with the goal of reducing the use of narcotics. An ultrasound is used to localize sensory nerves located around the knee and utilizing the Iovera system, an ice ball is created on the nerve to decrease the pain signal to the brain.

The unified team approach has been a successful component to growing our orthopedic program. Starting with the medical providers to anesthesia staff to nursing staff to environmental care staff to sterilization staff to coding and billing staff - the process includes multiple departments and employees within the hospital, all working as a team to provide patients with successful outcomes.